

The Healthy Bourbon County Action Team's mission is to increase access to healthy food and physical activity, promote commercial tobacco cessation, enhance quality of life and encourage economic growth. The problems of health inequity and social injustice are complex in nature and inextricably linked to key economic indicators. A healthy workforce is a prerequisite for economic success in any industry and in all cities.

Community Perception

- Only 10% of low-income survey respondents (household income of \$49,000 or less) thought Uniontown has sufficient opportunities for physical activity. Some respondents recommended walking trail improvements and additional recreational space.
- When asked if they had access to enough healthy food to live an active healthy life, 70% of low-income survey respondents in Uniontown disagreed or strongly disagreed.
- When asked if individuals with disabilities in Uniontown can access everything needed to live a full, healthy life, only 27% of low-income survey respondents agreed.

“Thanks to the Pathways grant, we went through a community informed placemaking process that focused on bringing our neighborhoods together.”

— Josh Jones
Fort Scott Commissioner



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Bourbon County



Healthy Eating

Perry's Produce received a *Pathways* grant to increase access to healthy food options in Western Bourbon County. Grant funds were used to purchase shelving, equipment and storage space that increased capacity to store and distribute fresh produce. Perry's Produce distributed over 185 bundles of produce in the first month.

Active Living

Our coalition, **Fort Scott Chamber, and The City of Fort Scott** are beginning work right away to build out **Third Street Park** improvements and connections to the **Historic Downtown Fort Scott**. Improvements will include the installation of playground equipment which will provide safe spaces for recreation, socializing and events.

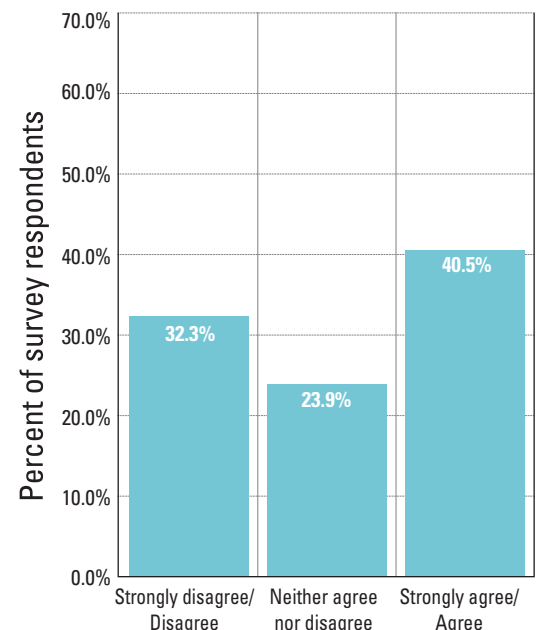


Commercial Tobacco Control



This year we are excited to be supporting **Fort Scott High School** in tobacco and vaping prevention. Fort Scott High School has developed and implemented policy to support youth in our communities with resources and to prevent use of vaping and tobacco products.

Initiative Wide: In general, my community has sufficient options for healthy eating.



Key findings:

Nearly one-in-three respondents across the 24 *Pathways* communities said their community does not have sufficient options for healthy eating.

Results are based on data from an initiative-wide survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in each of the 26 counties in which BCBSKS has funded coalitions as part of the *Pathways to a Healthy Kansas Initiative*. N = 3,708. The survey response rate was 5.3 percent. For this question, 3.2 percent of respondents did not provide an answer (blank response).

8

Projects

\$240,504

Pathways Grant
Funding

\$924,208

In-Kind, Matching, and
Related Grant Funding

Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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