

**IMPACT Ulysses, Inc.**, works to promote healthy lifestyles and reduce risky behaviors for youth, their families, and our diverse community. IMPACT Ulysses, Inc., innovating to inspire, impact and invest in healthy lives to build healthier communities for tomorrow.

### Community Perception

- Focus group participants identified Main Street as the community's heart, a perfect place to revitalize. The "Gathering Place" is complemented by the Centennial Gazebo, used for community events.
- The majority of respondents favored multi-organization partnerships for the "Gathering Place," including the City of Ulysses, Chamber of Commerce, and Recreation Commission.
- The respondents recommended promoting the space on organizations' websites, social media, and central reservation system. Usage during events like the Mexican Fiesta was suggested.

# Grant County



### Healthy Eating



The **City of Ulysses** is appreciative for the *Pathways to a Healthy Kansas* funding awarded for the community garden. *Pathways* has allowed for installation of a water meter, purchase of materials and strengthened collaboration with **Grant County Research and Extension** and **IMPACT Ulysses**. Keep an eye out for the opening of the garden!



### Active Living

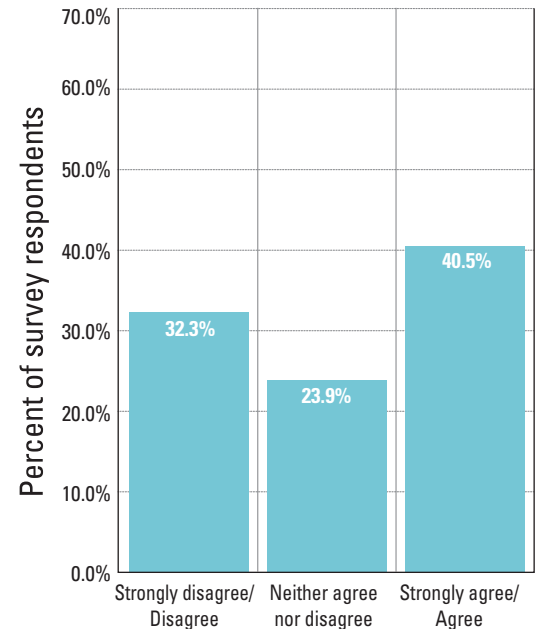
The community is preparing to launch the **Community Health Needs Assessment (CHNA)**, an initiative aimed at understanding the health needs of **Grant County** residents. To facilitate this effort, we will administer a survey in both English and Spanish. The survey will be distributed from June to September, and we invite all residents to participate!

### Commercial Tobacco Control



The **Resist and Replace** youth coalitions at **Kepley Middle School** and **Ulysses High School** advocate for health by combating tobacco and substance use. In their 3rd year, they've launched awareness campaigns and educational initiatives. With plans for next year, they're expanding to **Sullivan Elementary School**, continuing their dedication to community outreach and positive impact.

### Initiative Wide: In general, my community has sufficient options for healthy eating.



### Key findings:

Nearly one-in-three respondents across the 24 *Pathways* communities said their community does not have sufficient options for healthy eating.

Results are based on data from an initiative-wide survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in each of the 26 counties in which BCBSKS has funded coalitions as part of the *Pathways to a Healthy Kansas Initiative*. N = 3,708. The survey response rate was 5.3 percent. For this question, 3.2 percent of respondents did not provide an answer (blank response).

“We're thankful for our community garden funding where we can plant the seeds of opportunity for a healthier future in Grant County.”  
— Tim McCauley  
Mayor



(620) 937-0263  
mags@impactulysses.org  
impactulysses.org  
Facebook: impactulysses  
YouTube: impactulysses3807

**9**  
Projects

**\$180,000**  
Pathways Grant  
Funding

**\$16,897**  
In-Kind, Matching, and  
Related Grant Funding

*Pathways to a Healthy Kansas* combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. IMPACT Ulysses, Inc., is not affiliated with Blue Cross and Blue Shield of Kansas.