

**Live Well Saline County (LWSC)** strives to provide all Saline County residents opportunities, education, and encouragement for a lifetime of healthy eating and physical activity. Live Well Saline County was started in 2009 to bring together organizations in the community with a common interest in healthy living to allow us to make more impact and create sustainable change.

**Community Perception**

- Clients were interviewed at the Salina Emergency Aid Food Bank. The most frequently mentioned obstacles to accessing the food bank's services were transportation and waiting outside in inclement weather.
- When asked about recommended changes to the food bank's space, clients interviewed listed more parking and an expanded outdoor shelter area for clients who are waiting for their food.
- Clients interviewed identified having more produce available and offering healthier options as key recommended changes to how the Salina Emergency Aid Food Bank distributes food.

# Saline County



“With this Pathways grant, we hope to make our property more accessible and welcoming to our clients.”  
— Karen Couch  
Executive Director of the Salina Emergency Aid Food Bank

**Healthy Eating**

The **Salina Emergency Aid Food Bank** received a \$45,288 Pathways grant for installation of four solar lights and an engineering consultant to develop a site plan with recommendations. Recommended improvements could include parking access, lighting for the community garden and adjacent areas, community gathering space, and other landscaping.

**Active Living**

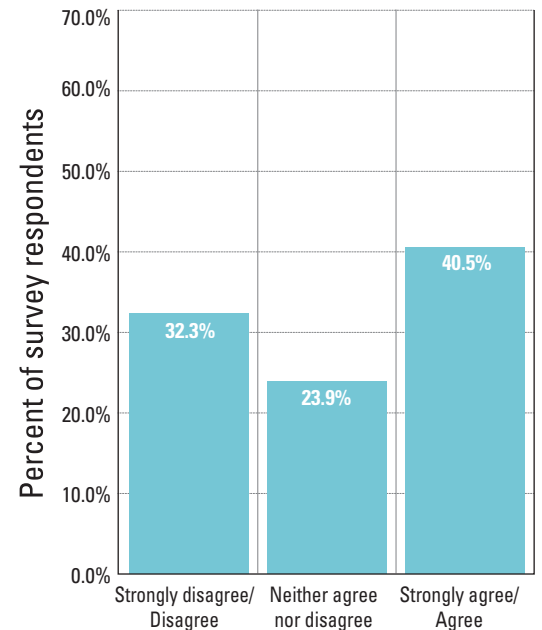
The **City of Salina** is working to build sidewalks connecting the **Salina Emergency Aid Food Bank**, the **Broadway business corridor**, and **South Street neighborhood**, including links to **OCCK bus stops**. These sidewalks will increase access for low-income customers of the **Salina Emergency Aid Food Bank** and follow ADA standards.

**Commercial Tobacco Control**



**Tammy Walker Cancer Center** will be implementing systems and strategies that improve care for patients who use tobacco utilizing the *Pathways Tobacco Cessation Change Package*. This will be accomplished through increasing screening, treatment and referral and follow up for tobacco cessation.

**Initiative Wide: In general, my community has sufficient options for healthy eating.**



**Key findings:**

Nearly one-in-three respondents across the 24 *Pathways* communities said their community does not have sufficient options for healthy eating.

Results are based on data from an initiative-wide survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in each of the 26 counties in which BCBSKS has funded coalitions as part of the *Pathways to a Healthy Kansas Initiative*. N = 3,708. The survey response rate was 5.3 percent. For this question, 3.2 percent of respondents did not provide an answer (blank response).



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<b>10</b> Projects	<b>\$210,288</b> Pathways Grant Funding	<b>54,303</b> Population Impacted
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*Pathways to a Healthy Kansas* combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas. Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Live Well Saline County is not affiliated with Blue Cross and Blue Shield of Kansas.