





## Four Years of Impact

The Lawrence Arts Center received a Pathways grant for a public artwork project to honor the contributions of the Mexican American community of La Yarda, a housing unit created by the Santa Fe Railroad for workers from 1920-51. This artwork will be installed on the Lawrence Loop trail system in East Lawrence within a few blocks of where the La Yarda neighborhood once stood.

USD 491 Eudora is dedicated to creating a healthy and supportive environment for all kids, especially the youngest cardinals! Through a Pathways grant, Eudora Elementary School collaborated with LiveWell Douglas County to update policies to encourage active play, limit screentime and reduce exposure to thirdhand smoke.

LiveWell Douglas County, LMH Health, Heartland Community Health Center, and Lawrence Parks and Recreation have received a Pathways grant to offer a new physical activity prescription program for patients with pre-diabetes and diabetes, connecting them with local physical activity options to help improve their health.



LiveWell Douglas County (785) 843-7058 ginnyb@ksu.edu Facebook: @LiveWell Douglas County Instagram: @livewell\_douglascounty

## **Douglas County**

Established in 2008, **LiveWell Douglas County** is our community's health coalition with working groups in the areas of Healthy Kids, Tobacco-Free Living, Healthy Built Environment, WorkWell, Sexual Violence Prevention and Healthy Food for All. LiveWell Douglas County is fulfilling its mission to lead a movement to build communities that support the health and well-being of all in pursuit of our vision of "Communities where we all thrive."





The Move More Douglas County physical activity prescription program will support the integration of physical activity into patient care plans. Allison Koonce, Community Outreach & Engagement Supervisor, Lawrence Memorial Hospital

Initiative Wide: In general, my community has sufficient opportunities for physical activity.

60.6% Strongly agree/Agree

**20.1%** Neither agree nor disagree

**15.8%** Strongly disagree/Disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

## From Voices to Victories: The Impact of Community Engagement

The La Yarda Public Art Project would not be possible without voices from the La Yarda families, the East Lawrence Neighborhood Association and many others that have been instrumental in selecting the artist to tell the stories of the La Yarda community in Lawrence.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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