

# Get care 24/7

Telehealth gets you access to a doctor – anytime, anywhere.

Blue Cross members have access to virtual care services through their own network provider or Amwell.

Amwell is convenient, affordable, private and secure.

## Virtual care options

Telehealth through Amwell isn't meant to replace your primary care provider (PCP). It is designed to reduce non-emergency and walk-in clinic visits when your PCP isn't available.

Ask your doctor about their virtual visit options. Virtual visits are covered the same as in-office visits under your Blue Cross plan.



## Patient benefits

- Less time away from work
- No travel expenses or time
- Easier if you have a child or elder in your care
- Privacy
- No exposure to other potentially contagious patients

## When to use Amwell

Visit with a doctor and get prescriptions if you don't have a doctor or when your doctor isn't available, including after hours and weekends. Care is available 24/7.

Telehealth can be used for common conditions including:

- Cold/Flu
- Fever
- Rash
- Sinus infection
- Pink eye
- Ear infection



Register for free:  
[bcbsks.com/state/telehealth](https://bcbsks.com/state/telehealth)



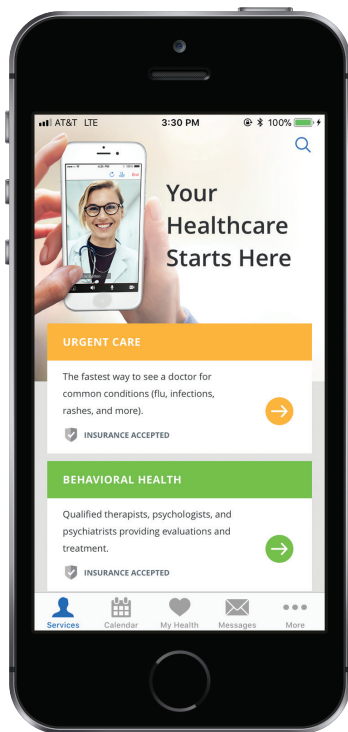
[bcbsks.com/state](https://bcbsks.com/state)

## Behavioral health services

Licensed therapists can provide advice and counseling for depression, anxiety, stress, relationship issues and more. Private and secure appointments are available seven days a week, 6:00 a.m. to 10:00 p.m. CST through Amwell.

## Can my family use Telehealth?

Yes, if your spouse and/or children are covered under your Blue Cross plan.



## Three ways to register

1 Download the Amwell app on any mobile device.



2 Visit [bcbsks.com/state/telehealth](https://bcbsks.com/state/telehealth)

3 Call toll-free **844-733-3627**

## Consult with a doctor by computer, tablet or phone

- Affordable, easy and convenient – available 24/7/365
- A choice of trusted, U.S. board-certified doctors and therapists
- Prescriptions as needed
- Easy payment: credit, debit or HSA/FSA cards accepted
- Patient records accessible

## How much does it cost?

The out-of-pocket cost of an Amwell doctor or therapist visit depends on your plan type. Doctor visits using Amwell are \$10 for Plan A members. For Plan C, J and N members, visits start at \$64 per consultation.



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