



Four Years of Impact

Coffeyville Regional Medical Center was awarded a Pathways grant to purchase a new salad bar and grab-and-go cooler to increase access to healthy foods for visitors and associates.

The City of Parsons implemented a multimodal trail grant to add sidewalk, bicycle lanes, lighting and emergency telephone poles to connect existing trails throughout Parsons. This addition will enable residents to bike or walk from the southwest to northeast corners of Parsons and will pass through four existing parks.

USD 445 received Pathways grant funding in recognition of their work to update district health policies to the modeling level. These policy changes will improve access to water, increase physical activity during the day, and before and after school. K-State Research and Extension will also assist in bringing nutrition education into the classrooms.

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Live Healthy Montgomery County and Grow Labette (620) 251-4210 info@mglbpathways.org mglbpathways.org Facebook: mglbpathways Instagram: mglbpathways

Labette & Montgomery Counties

Grow Labette and Live Healthy Montgomery County are implementing policies that promote healthy eating and increase access to food with local retailers, hospitals and food pantries. Our work with the Pathways grant will also help us increase access to walking trails and community gardens in both counties.



The Pathways funding will allow us to build a multicultural gathering space for downtown concerts and events. Kelley Zellner, City Administrator, Caney, Montgomery County, KS Initiative Wide: In general, how would you rate the overall health of your community?

31.5% Very healthy/Healthy

49.4% Somewhat healthy

15.5% Very unhealthy/Unhealthy

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

From Voices to Victories: The Impact of Community Engagement

Grow Labette, Parsons Rotary Club and City of Parsons partnered to engage community members in development of the Parsons trail system. In community meetings, we heard that people often walk along the highway to get to Walmart. The new trail will provide a safe route to Walmart from a historically low-income neighborhood.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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