





Four Years of Impact

The Abundant Harvest food pantry received a Pathways grant to purchase a truck to increase their food reclamation efforts. The truck conducts 30 pick-ups each week, reclaiming tons of food and providing more fresh food to those in need.

The City of Emporia was awarded a \$100,000 Pathways grant to widen sidewalks at 12th Avenue and Burlingame Road and add sidewalk infrastructure on 24th Avenue from Prairie to Lincoln Streets, along Jones Park. This initiative will create dedicated pedestrian spaces and improve connectivity within the city, building upon the previous work done through Emporia's Safe Routes to Healthy Food project.

Presbyterian Manor, a continuing care retirement community, received a Pathway grant to construct gardens where healthy produce will be cultivated for residents' consumption. In addition, pollinator way stations are being incorporated with native plants. The project promotes both activity and access to healthy foods.



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Lyon County

Healthier Lyon County seeks to make our community a healthy place to live, work, learn and play by creating opportunities for healthy choices and building a culture that embraces healthy eating and active living. Together through Pathways, we're working with our county to make changes so that healthy choices are easy, familiar and an expected part of our routines and traditions.





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I'm astounded at how this small garden project, with Pathways grant support, has blossomed into a community effort to bring fresh produce and native plants to Presbyterian Manor. Nadia Qureshi, Committee Chair



Initiative Wide: In general, how would you rate the overall health of your community?

31.5% Very healthy/Healthy

49.4% Somewhat healthy

15.5% Very unhealthy/Unhealthy

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

From Voices to Victories: The Impact of Community Engagement

The Healthier Lyon County coalition conducted a survey with community members in Admire to understand their needs and determine the best ways to support them through a Pathways grant. This input was utilized to transform a neglected basketball court into a versatile new recreation space for the community's enjoyment.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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