



Four Years of Impact

With the help and support of our local grocery store and food pantry, we identified a need for more access to fresh fruits and vegetables. Implementing the Double Up Food Bucks program in Plainville has provided more families with healthier food options on every trip to the grocery store.

Plainville will soon have access to new outdoor fitness equipment and gaga ball courts thanks to a collaboration between USD 270, Plainville Rec and Plainville Wellness Coalition with Pathways funding. This area will be located at the school with free public access along with instructed fitness courses and exercise challenges offered through the Plainville Rec for all ages and abilities.

Plainville Wellness Coalition initiated the process of updating our Community Health Needs Assessment with our Hospital and Health Department. Community surveys will help us identify and implement strategies to address our needs and monitor the overall health and wellness of Rooks County.



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Plainville

Plainville Wellness Coalition is creating partnerships and connecting our community with resources and programs to improve the health and wellness of all citizens. Our work centers around active living, healthy eating and access to tools to make an impact in our daily lives. Through Pathways, we seek to build a healthy culture for families to live, work and enjoy together.



Initiative Wide:
In general, my community has sufficient opportunities for physical activity.

60.6%

Strongly agree/Agree

20.1%

Neither agree nor disagree

15.8%

Strongly disagree/Disagree

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Plainville Wellness Coalition and BCBSKS paved the way to opening our first loop and trailhead in our planned trails system around the township lake.

Bret Greenwood, Executive Director,
Prairie Frontier Trails Association

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Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354).
Blank response = 3.5%.

From Voices to Victories: The Impact of Community Engagement

Our Placemaking project at Country Lanes engaged residents in focus groups to gather input on improvements needed to create more opportunities to gather and socialize among the residents. A renovated community room and an outdoor shelter were popular suggestions and have been completed with an implementation grant from Pathways.

12

Implementation Grants

\$500,000

Total Pathways Funding

8

Policies Passed

\$655,832

Match and In-Kind Funds