



Four Years of Impact

The Food and Farm Council received a Pathways grant to develop a Master Food Plan. Through community engagement strategies including a resident lived experience survey, focus groups and a partner summit, a 10-year strategic Master Food Plan was adopted by the City and County Commissions.

Adding a sidewalk along the north side of Fort Rilev Boulevard between Martin Luther King, Jr. Boulevard and Westview Drive, where a cow path currently exists, has long been a priority for the City of Manhattan. Thanks to a Pathways grant, safe access along this busy corridor will provide residents access to public services and businesses that were previously inaccessible.

Under Pathways, Resist chapters supported the Flint Hills Wellness Coalition's efforts to persuade the Riley County Commission to prohibit vaping and smoking in public parks and on trails. The Commission's decision made Riley County the first county in Kansas where all public parks and trails are vape and smoke free.



Flint Hills Wellness Coalition

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Riley County

The mission of the Flint Hills Wellness Coalition is to create a healthy, equitable community for Manhattan/Riley County residents through policy, system, environmental and personal change. Using a Health in All Policies framework, the Coalition and partners continue to elevate the discussion regarding healthy eating, active living and commercial tobacco use with the goal of improving individual and community health.









Initiative Wide: Community conditions (e.g. housing, transportation, education) impact overall health.

Strongly agree/Agree

Neither agree nor disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 5.7%.

Pathways created a springboard for the Flint Hills Breadbasket's efforts to increase quest selection of healthy foods. Karla Hagemeister, Executive Director, Flint HIIIs Breadbasket, Riley County

From Voices to Victories:

The Impact of Community Engagement

The development of the local food system work was guided by input from previously unheard voices, collected through focus groups conducted in multiple languages. The "Health in All Policies" policy statement, along with the "Diversity, Equity and Inclusion" policy, will further strengthen the Food and Farm Council bylaws.

Implementation

\$500,000

Total Pathways Funding

Partner Organizations

Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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