





## Four Years of Impact

The LACF Pantry received a Pathways grant to support operations. Grant funds were used to purchase a clear-view fridge, flatbed trailer and pallet jack. The new fridge offers a transparent display of food for families, while the flatbed trailer and pallet jack enhance our ability to assist other community pantries with their large orders.

The Hugoton Recreation Commission received a Pathways grant to assist with the splash pad's installation. Splash pads offer extended outdoor play beyond the pool season, serving as a gathering place for friends and an incentive for academic achievement among grade schoolers. It has become a community destination, promoting healthy activities and offering a smoke and vape-free place to gather.

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Thanks to a Pathways grant, elementary and college students from various areas across the community in Seward County will have the opportunity to learn and play pickleball. Pickleball is a fitness activity that is low-impact, multi-generational, requires minimal equipment and encourages socialization.



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## **Seward County**

**Liberal Area Coalition for Families** works to make Southwest Kansas the best place to live and raise a family. Together with the communities we work in through Pathways, we are collaboratively making spaces that encourage play, promote healthy choices and provide better accessibility to community resources.





A Pathways grant provided equipment for kids to be active and enjoy many different kinds of outdoor play in a safe area. Lupelsela Trujillo, Director– DREAMZ Childcare, Seward County

Initiative Wide:

In general, my community has sufficient opportunities for physical activity.

**60.6%** Strongly agree/Agree

**20.1%** Neither agree nor disagree

**15.8%** Strongly disagree/Disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

## From Voices to Victories: The Impact of Community Engagement

For months, LACF and Food Pantry Staff gathered feedback from pantry clients and other pantries via surveys and informal conversations. This feedback helped plan food choices around consumer needs, offer healthier options and address the inability of community partners to pick up large food orders. We responded by including essential equipment to assist other pantries.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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