

Community Feedback Leads to Improvements Across Atchison County

Thank you to community members for taking the community perception survey. Your invaluable feedback guided us throughout the years of the [Pathways to a Healthy Kansas](#) project, an initiative of Blue Cross Blue Shield of Kansas. As we reflect on our work, we are especially proud of the following accomplishments:

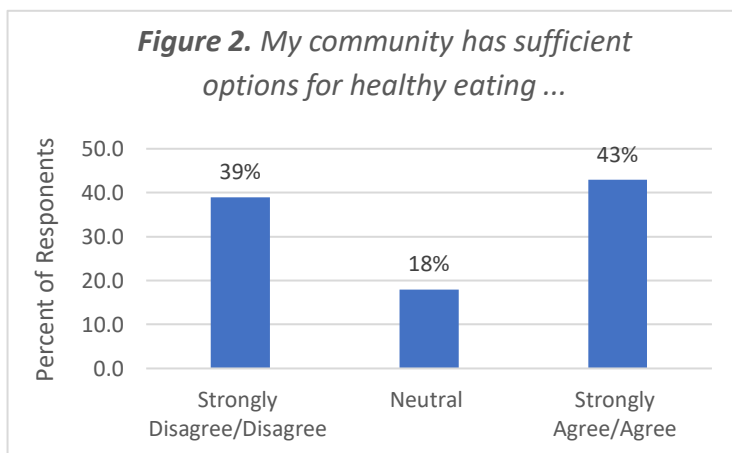
- Atchison now has a complete streets ordinance and an official master bike and pedestrian plan that will guide future infrastructure plans and projects, such as the reconstruction of the 500-600 block corridor of Commercial Street.
- Five local school have committed to increasing student and staff water consumption by adding water bottle fillers throughout their facilities.

Survey findings highlight progress that has been made and opportunities for additional work in our community.

Finding #1: In Atchison County, more than half of the survey respondents rated our community only 'somewhat healthy.'

Action being taken: We continue to work with our partners in healthcare to implement strategies such as prescriptions for physical activity and healthy eating and also with our local worksite partners to offer healthy foods, such as fruits and vegetables, to their employees throughout the workday. (Figure 1).

Figure 1. Prescription for physical activity created by local physician.



Source: Atchison County Community Perception Survey, 2020.

Finding #2: Thirty-nine percent of survey respondents did not think that community has sufficient options for healthy eating (Figure 2).

Action being taken: We are currently working with local grocer, Alps, to add equipment to their store which will increase their ability to offer fresh, healthy foods to customers

There is still much work to do to ensure all Atchison Countians can live their best lives. Live Well Live Atchison is a vibrant community action group focused on improving the overall health and well-being of Atchison County residents.

Our work is organized under four priorities – physical activity, healthy eating, tobacco-free living, and behavioral health.

For more information about the survey, the Pathways initiative, or to get involved, contact:
Andrea Clements, 913-367-2427, livewellatchison@outlook.com . www.livewellatchison.org, @livewellatchison