

Pathways Survey: Celebrate Success and Carry On!

Thank you to community members for taking the community perception survey. Your invaluable feedback guided us throughout the years of the [Pathways to a Healthy Kansas](#) project, an initiative of Blue Cross Blue Shield of Kansas. As we reflect on our work, we are especially proud of the following accomplishments:

- We have established a complete hike/bike route through and around town.
- Ten Chanute businesses, employing over 1,000 people, have implemented Worksite Wellness plans.
- We now have tobacco-free playgrounds in our community. Thank you to the city commissioners, Parks Advisory Board, and all the stakeholders involved in this work!
- Chanute USD 413 public schools are implementing plans to provide increased opportunities for physical activity and healthy eating.

Survey findings highlight progress that has been made and opportunities for additional work in our community.

Community Health: In ranking the overall health of Chanute, 27.53% of the survey respondents rated their community 'unhealthy' or 'very unhealthy' (*Figure 1*).

Action being taken: Community members continue to work together to improve outcomes in this area. Chanute now has a complete bike route, tobacco-free public playgrounds, and businesses are implementing wellness plans.

Figure 1. How would you rate the overall health of our community?

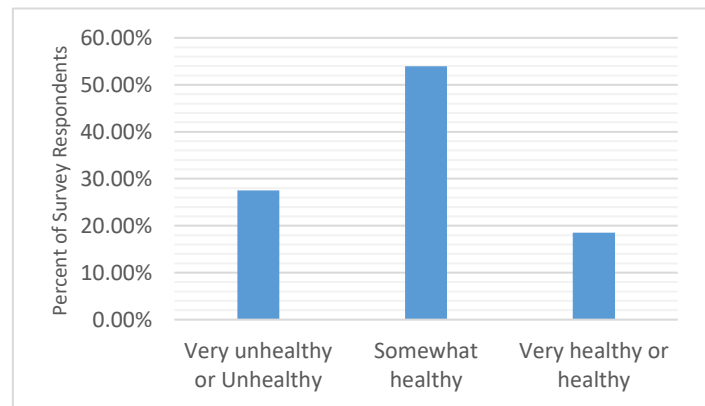


Figure 2. Ronda Lane container gardens (courtesy photo).

Healthy Eating: Respondents indicated that barriers to improving healthy eating options included limited availability of healthy food options.

Action being taken: Pathways funding partnered with Southwind Extension to sponsor and host a Master Gardener class in 2019. This spring, Pathways funding allowed local Master Gardeners and Southwind Extension staff to partner with residents at Ronda Lane to establish container gardens. In addition, the partnership between Pathways and Main Street Chanute provided some funding for Double Up Bucks at the Downtown Farmer's Market. (*Figure 2*).

Pathways focuses on improving community health in three areas: active living, healthy eating, and tobacco cessation. The work continues in schools, businesses, the hospital, medical clinics, and individually to make Chanute "Healthier Every Day!" Carry on!

For more information about the survey or the Pathways initiative, contact Julie Aikins (jaikins.chanuterec@gmail.com) or check the Energize Chanute Facebook page at https://www.facebook.com/Energize-Chanute-535172870326485/?modal=admin_todo_tour