



“The Pathways grant allows Live Well to increase healthy eating, opportunities for active living, and to help promote people to get their exercise in.”

Brad Stroud, Pittsburg

Community Well-being Progress

Live Well Crawford County has worked with *Pathways* to install active-living signage for preferred bike routes and connectivity, and has been working to pass a policy in support of the multi-use Watco Trail Extension. LWCC was also able to provide *Pathways* funding for community gardens in Pittsburg, Frontenac and Hepler. And with *Pathways* funding, LWCC will be running local ads and billboards in support of anti-tobacco/e-cigarette initiatives.

Live Well Crawford County

Live Well Crawford County’s (LWCC) mission is to promote healthy lifestyle choices through education, motivation and support for all generations – thus improving the well-being of residents and visitors of all ages and backgrounds. *Pathways to a Healthy Kansas* grants are allowing us to make Crawford County a better place to live through encouraging healthy policies, environments and activities in our schools, worksites and neighborhoods.



Pathways Engagement Highlights

5 Restaurants Pledged:

Chatter’s Restaurant, Eat Pallucca’s, Harry’s Cafe, *Mall Deli*, TOAST

3 Food Retail Stores Pledged:

McCune Farm to Market, *G&W Foods*, Palucca’s Market

2 Healthcare Providers Pledged:

Community Mental Health Center of Crawford County, SEK Urgent Care

10 Worksites Pledged:

City of Frontenac, City of Pittsburg, Crawford County Courthouse, Crawford County Health Department, Girard Medical Center, Miller’s Professional Imaging, Silver Creek Medical Solutions, Southeast USD 247, Pittsburg YMCA, Wesley House

8 Schools Pledged:

USD 246 Northeast High School, Arma; *USD 247 Southeast High School, Cherokee*; *USD 248 Girard Middle School*; *USD 249 Frontenac Junior High*; *USD 250 Pittsburg Middle School, Lakeside Elementary, Westside Elementary*; St. Mary’s Colgan Elementary

Italicized entities have received grant funds.



LWCC is supporting healthy, locally produced foods through *Pathways* funding of community gardens in Frontenac, Hepler, McCune and Pittsburg, and through construction of a “high-tunnel” greenhouse at McCune Alternative School. A total of 23 water-bottle filling stations have been installed throughout five Crawford County schools. LWCC is also working with area restaurants to promote healthier menu choices.



LWCC is working with 10 Crawford County worksites to establish and inspire wellness committees and sponsor WorkWell KS physical activity workshops. Crawford County Mental Health has updated a policy that would prescribe physical activity to their patients. They are also using a *Pathways* grant to develop nature trails and a shelter that patients and community members can use.



Tobacco policies are being pursued as part of the worksite wellness plans that LWCC is coordinating with Crawford County worksites. LWCC is sponsoring a community campaign to fight tobacco and e-cigarette use and is spearheading signage to promote tobacco-free parks. Restaurants are being encouraged to expand comprehensive tobacco-free policies prohibiting all tobacco and e-cigarette use on restaurant property.

Round 1: 2016-2019

Achievement/ Implementation Grants	Pathways Funds Available	Pathways Funds Awarded	Match from Community/Grants
Policy	\$100,000	\$0	
Community Well-being Projects	\$50,000	\$50,000	\$8,000
Food Retail and Restaurants	\$70,000	\$19,565	
Health Care	\$20,000	\$10,000	
Schools	\$60,000	\$45,000	
Worksites	\$100,000	\$10,000	
Totals	\$400,000	\$134,565	\$8,000
		Total Benefits to Community: \$142,565	

Live Well Crawford County

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PATHWAYS to a
**HEALTHY
KANSAS**

Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by BCBSKS.