



**“Pathways is helping us promote the Culture of Health so more people will want to join the healthy living revolution.”**

Midge Ransom, Ottawa

### Community Well-being Progress

LHFC and *Pathways* are helping communities with many health-improving initiatives including: new and safer playground equipment at Pomona City Park; a new tobacco-free city park in Princeton; new and upgraded sidewalks and trails to and through Lane City Park; an upgraded track at Lou Coppoc Field in Williamsburg; healthy concession-stand upgrades for Princeton Recreation; and a new playground, bike racks, signage and an outdoor venue for healthy living activities at Ottawa’s new Legacy Square at the crossing of two rail trails.

### Live Healthy Franklin County

Live Healthy Franklin County (LHFC) is working with *Pathways* to make long-lasting economic and health impacts. Working with community leaders, employers, schools, and health care professionals, the initiative will create health-friendly policies and resources that make it easier for residents to incorporate healthy actions into their daily routines. From better nutrition in schools, child care facilities, and homes to more physical activity and reduced tobacco exposure, LHFC strives to make a positive difference across the community.



### Pathways Engagement Highlights

#### 7 Restaurants Pledged:

Aurora Coffee, Buzzard’s Pizza, *Leroy’s BBQ*, Mugshot Coffee, Old 56 Family Restaurant, *Pizza Village*, *Smoked Creations BBQ*

#### 1 Food Retail Store Pledged:

*Wray’s Bulk Foods*

#### 7 Worksites Pledged:

*ECKAN*, *East Central Kansas Area Agency on Aging (ECKAAA)*, *Elizabeth Layton Center*, Franklin County, Kalmar Ottawa, *Neosho County Community College*, USD 289 Wellsville

#### 2 School Districts Engaged:

USD 288 Central Heights, USD 289 Wellsville

*Italicized entities have received grant funds.*



Throughout Franklin County, *Pathways* grants have helped LHFC to provide community garden signage, help to initiate and expand farmer's markets and establish container gardens for fresh and wholesome foods. *Pathways* funding helped LHFC to encourage restaurants to update their menus with healthier options for kids and adults, and to install water bottle filling stations in all Wellsville schools.



A *Pathways* grant is helping the Wellsville Joint Recreation Commission to install a walking path around the rec complex. ECKAAA received a *Pathways* grant for office equipment to promote physical activity and a healthy working environment. And other grants are funding built-environment improvements in five Franklin County cities such as new playground equipment for the Ottawa Legacy Square project.



Four restaurants have signed the "Breathe Easy" pledge to implement policies prohibiting use of all tobacco and nicotine products, including e-cigarettes on restaurant property. LHFC is also working to help introduce and pass tobacco-free policies in small towns and venues in Franklin County. WorkWell Kansas workshops for worksite wellness committees include tobacco-free information and training.

## Round 1: 2016-2019

Achievement/ Implementation Grants	Pathways Funds Available	Pathways Funds Awarded	Match from Community/Grants
Policy	\$115,000	\$78,000	\$130,805
Community Well-being Projects	\$86,150	\$86,150	\$62,630
Food Retail and Restaurants	\$58,000	\$20,000	\$200
Health Care	\$20,000	\$0	
Schools	\$50,000	\$40,000	
Worksites	\$70,850	\$47,779	
<b>Totals</b>	<b>\$400,000</b>	<b>\$271,929</b>	<b>\$193,635</b>
		<b>Total Benefits to Community: \$465,564</b>	

### Live Healthy Franklin County

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PATHWAYS to a  
**HEALTHY  
KANSAS**

*Pathways to a Healthy Kansas* combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by BCBSKS.