

# Survey Results Guide Actions Towards Healthier Living in Geary County

Thank you to all who participated in the community perception survey. Your invaluable feedback guided Live Well Geary County throughout the years of the [Pathways to a Healthy Kansas](#) project, an initiative of Blue Cross Blue Shield of Kansas. As we reflect on our work, we are especially proud of the following accomplishments:

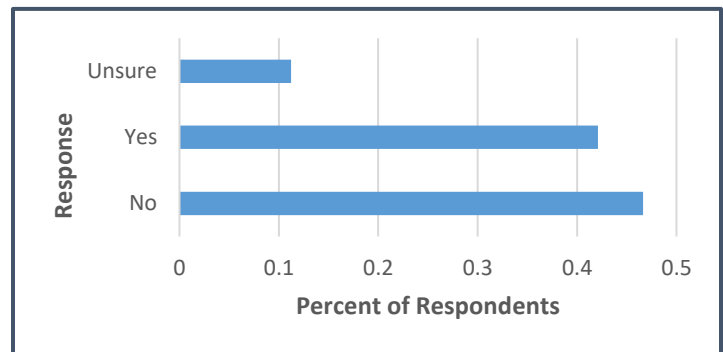
- Four locally-owned restaurants added healthier options to their menus! Thank you to Munson's Prime, Hot Rodz BBQ, Tyme Out Steakhouse, and Negril Caribbean Restaurant.
- We now have tobacco-free outdoor recreation areas to create a smoke-free environment for youth. Thank you to our city commission and all the stakeholders involved in this work!

Survey findings highlight the progress that has been made and opportunities for additional work in our community. In partnership with Konza Prairie Community Health Center, we were able to collect 608 survey responses.

Survey results indicated more than 46% of respondents do not feel they are meeting the recommended daily allowance of fruits and vegetables? (Figure 1)

LWGC is pursuing funding for collaborating health agencies to present nutrition education and cooking classes to show residents how to incorporate fruits and vegetables into everyday meal planning to reduce health risk factors that can lead to chronic disease.

**(Figure 1) Do you feel like you are meeting the RDA for adults: 1 ½ -2 cups (3-4 servings) of fruit and 2-3 cups (4-6 servings) of vegetables per day?**



**(Figure 2) 7<sup>th</sup> & Jefferson Bike Blvd.  
Demonstration Project**

About 40% percent of respondents felt that there are insufficient sidewalks or bike paths in our community.

The LWGC coalition is working with our partners, the City of Junction City and the Flint Hills Metropolitan Planning Organization to install a 7<sup>th</sup> Bike Boulevard to provide safer access for walking and biking, and increase opportunities for physical activity. (Figure 2)

Pathways, an initiative of Blue Cross Blue Shield of Kansas, has allowed LWGC to partner with and provide grant funding to 15 partners across the county. These funds have supported a wide range of initiatives to help residents to lead healthier lives.

For more information about the survey or the Pathways initiative, contact: Susan Jagerson LWGC BCBSKS Pathways to a Healthy Kansas grant coordinator, [livewellgearycounty@gmail.com](mailto:livewellgearycounty@gmail.com), our website: [livewellgearycounty.org](http://livewellgearycounty.org) or on Facebook: Live Well Geary County