



“ Pathways has expanded our opportunities beyond belief. We’ve really brought the community into our efforts, and energized the entire community.”

Jane Schepmann, Hoisington

Community Well-being Progress

The Hoisington City Council adopted HfLC’s “Complete Streets” policy for better walking and biking. *Pathways* funds are assisting with installation of sidewalks and enhanced crosswalks, including three crosswalks across Highway 4 to address long-term safety concerns. The coalition was instrumental in the GPS Kids Club giving new life to a community garden, educating young people with healthy habits for the future.

Health for Life Coalition Hoisington and Northern Barton County

The Health for Life Coalition (HfLC) for Hoisington and Northern Barton County teamed up with *Pathways* in July of 2016 to change the community’s attitude and landscape of wellness. The partnership has established strong community involvement and is resulting in many healthy environmental and policy changes to help all employees, students, patrons and community members live longer and better-quality lives.



Pathways Engagement Highlights

- 7 Restaurants Pledged:**
Clara’s Corner Cafe, Firehouse Youth Center, Hoisington Dairy Queen, Mi Terra Restaurant, Odin Store, Squeegy’s Bar & Grill, Tap Room
- 3 Food Retail Stores Pledged:**
Bailey’s Food Bin, Cervs Convenience Store, Town & Country Supermarket
- 1 Healthcare Provider Pledged:**
Clara Barton Medical Clinic
- 1 Hospital Pledged:**
Clara Barton Hospital
- 7 Worksites Pledged:**
City of Hoisington, Clara Barton Hospital, First Kansas Bank, GPS Kids Club, Hoisington Chamber of Commerce, Hoisington Veterinary Hospital, USD 431
- 2 School Districts Pledged:**
USD 431: Hoisington High School and Middle School, Lincoln Elementary, Roosevelt Elementary;
USD 112: Central Plains High School, Middle School and Elementary, Wilson Elementary, Junior/Senior High School

Italicized entities have received grant funds.



Pathways funding helped HfLC sponsor a healthy foods education program featuring wholesome-cooking expert Chef Alli conducting four live classes and eight online classes. Three area restaurants signed the “Start Kids off Right” pledge to offer healthier menu strategies for kids. And *Pathways* funding helped all of the schools in USD 431 Hoisington and USD 112 Central Plains to install water-bottle filling stations.



HfLC and *Pathways* helped to complete a concrete walking path around Clara Barton Hospital, which also included outdoor fitness equipment to further encourage healthy activity. “Providers Guide It/Walkers Stride It” is a once-a-month walking program at Clara Barton Hospital. In addition to the walk, health care providers share insights on health and wellness topics.



The City of Claflin adopted a “No Smoking” policy for city buildings covering all tobacco and nicotine products, including e-cigarettes. Similarly, three area restaurants have signed the “Breathe Easy” pledge for tobacco-free policies covering the same products. And the All-Stars educational program at schools in Hoisington, Claflin and Wilson will discourage use of tobacco (smoked and smokeless) as well as alcohol, marijuana and inhalants.

Round 1: 2016-2019

Achievement/ Implementation Grants	Pathways Funds Available	Pathways Funds Awarded	Match from Community/Grants
Policy	\$140,000	\$45,900	\$24,500
Community Well-being Projects	\$50,000	\$40,000	\$17,500
Food Retail and Restaurants	\$70,000	\$50,700	
Health Care	\$20,000	\$20,000	
Schools	\$60,000	\$60,000	
Worksites	\$60,000	\$40,000	
Totals	\$400,000	\$256,570	\$42,000
		Total Benefits to Community: \$298,570	

Health for Life Coalition

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PATHWAYS to a
**HEALTHY
KANSAS**

Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by BCBSKS.