

Statin therapy for patients with cardiovascular disease (SPC)

Effectiveness of Care HEDIS® measure

Measurement definition

Male patients ages 21–75 and female patients ages 40–75 who are identified as having clinical atherosclerotic cardiovascular disease and who were dispensed at least one high-intensity or moderate-intensity statin medication.

Exclusions

Patients are excluded if they:

- Can't tolerate statin medications, as evidenced by a claim for myalgia, myositis, myopathy or rhabdomyolysis, during the measurement year.
- Received hospice care during the measurement year.
- Received palliative care during the measurement year.
- Have end stage renal disease or dialysis in the measurement year or the year prior to the measurement year.
- Have cirrhosis in the measurement year or the year prior to the measurement year.
- Are age 66 and older with advanced illness and frailty (for additional definition information, see the *Advanced Illness and Frailty Guide*).
- Are female members with a diagnosis of pregnancy, IVF or at least one prescription for clomiphene (estrogen agonists) during the measurement year or the year prior to the measurement year.

Information that patient medical records should include

If patients aren't able to tolerate statin medications and are excluded from the measure, submit a claim using the appropriate ICD-10-CM code:

Condition	ICD-10-CM code
Myalgia	M79.1, M79.10–M79.12, M79.18
Myositis	M60.80–M60.819; M60.821–M60.829; M60.831–M60.839; M60.841–M60.849; M60.851–M60.859; M60.861–M60.869; M60.871–M60.879; M60.88–M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82

Tips for success

Prescribe at least one high-intensity or moderate-intensity statin medication during the measurement year to patients diagnosed with ASCVD. Medication samples, when given, could interfere with pharmacy claims and produce false nonadherence results.

Category	Medication
High-intensity	<ul style="list-style-type: none"> • Atorvastatin 40–80 mg • Amlodipine-atorvastatin 40–80 mg • Rosuvastatin 20–40 mg • Ezetimibe-simvastatin 80 mg • Simvastatin 80 mg
Moderate-intensity	<ul style="list-style-type: none"> • Atorvastatin 10–20 mg • Amlodipine-atorvastatin 10–20 mg • Rosuvastatin 5–10 mg • Simvastatin 20–40 mg • Ezetimibe-simvastatin 20–40 mg • Pravastatin 40–80 mg • Lovastatin 40 mg • Fluvastatin 40–80 mg • Pitavastatin 1-4 mg

Tips for talking with patients

- Educate your patients on the importance of statin medication adherence.
- Remind patients to contact you if they think they are experiencing adverse effects. If the patient experiences any of the excluded symptoms/conditions, submit an office visit claim with the appropriate ICD-10 code listed on page 1.

Once patients demonstrate they can tolerate statin therapy, encourage them to obtain 90-day supplies at their pharmacy.